



THE BANQUET

Love the 605 SEPTEMBER

Wednesdays @ First

Kicks off Sept 6!

Dinner @ 5

Kids, Youth & Adult Activities!

JOIN US!

HOME COMING SUNDAY

SEPTEMBER 10 10:30 A.M.-1 P.M.

- **FOOD TRUCKS**
- **BOUNCY HOUSE**
- **FREE ROOTBEER FLOATS**




Help feed the hungry!

RICE MEAL PACKING EVENT

MIDWEST MISSION DISTRIBUTION CENTER

SUNDAY, SEPTEMBER 17
12:00-2:00 p.m.

Asbury United Methodist Church
(2425 S. Western Ave., Sioux Falls)

Online sign-up requested
ALL AGES WELCOME!

Call Asbury Office
@ (605) 332-8861

Office is Closed

Monday, Sept 4 - Happy Labor Day!

HOME COMING SUNDAY
SEPTEMBER 10 10:30 A.M.-1 P.M.

Address Service Requested

E-mail: fumc@sfumc.org
Website: www.sfumc.org



First United Methodist Church
401 S. Spring Avenue
Sioux Falls, SD 57104-4398
605-336-3652

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Sioux Falls, SD

SEPTEMBER — GATHER, GROW, GO!

GATHER With Friends In Fellowship

- Sundays – **Worship** @ 8:30 & 9:45 & 11:01 a.m.
All Ages, nursery provided @ 9:45 & 11:01am
- Sundays – **Kids Connect** @ 9:45 & 11:01 a.m.
Kids 4 yrs - 5th grade.
- Mon. 9/4 – **Dine With 9** – 6:30 p.m.
A monthly small group
- Tues. 9/5 – **AMen's** – 12 p.m.
Men of all ages meet twice a month.
- Wed's. beginning 9/6 **Family Meals** – 5 p.m.
- Wed. 9/6 – **Parent Walking Group** – 7 p.m.
Meets weekly. All are invited.
- Sun. 9/10 – **Homecoming Sunday!**
- Tue. 9/19 – **Read @ First** - 5:30 p.m.

GROW In Your Faith

- Tuesdays – **Refresh Bible Study**
12 p.m., Everyone
- Wed's. beginning 9/6 – **Wednesdays @ First**
Meal begins at 5; something for everyone following.
- Wed's. 9/13 – **S.A.G.E.S.** – 11:30 a.m.
Senior Adults, \$10, RSVP to (605) 336-3652
Don Kearney from Sioux Falls Park and Rec. will give us a "tour" of our parks and bike trails. Meal of tater tot casserole, glazed carrots, strawberry fluff and dessert.
- Wed's. starts 9/6 – **Adult Bible Study: Gospel of Luke** – 6 p.m. Weekly; led by Pastor Jordan, all are invited.
- Wed's. starts 9/6 – **Jans Bible Study** – 6 p.m.
Weekly, various book studies, all are invited.
- Wed's. starts 9/6 – **Women's Bible Study**
9:30 a.m.; A women's group that meets weekly.
- Tue 9/12 – **Higgins Bible Study** – 8 a.m.
Meets twice a month, open to all.
- Sun. 9/10 - **Grateful Table** – 6 p.m.
A young adult group that meets twice a month.

GO Put Your Faith Into Action

- Monday, 9/4 – **Nightwatch** Serving hot meals at Hayward Elementary, 4:45 p.m.
- Wednesday, 9/6 – **Feeding SD Distribution**
Helping end food insecurities, 5:15 p.m.
- Saturday, 9/9 – **Habitat for Humanity**
Building safe, affordable housing, 8:30 a.m.
- Tuesday, 9/12 – **The Banquet**
Funding, cooking & serving dinner.
Preparing @ 2 p.m. / Serving @ 5:15 p.m.
- Tuesday, 9/19 – **The Banquet**
Funding, cooking & serving breakfast.
Preparing @ 5:30 a.m. / Serving @ 6:30 p.m.



FIRST CHURCH STAFF

Sara Nelson
Senior Pastor

Jordan Louks
Associate Pastor

Ron Olson
Visitation Pastor

Eric Fjerestad
Director of Youth / Young Adults

LuAnn Berkhof
Director of Children's Ministries

Stacy Walters
Assistant Director of Children's Ministries

Tami Prostrollo
Director of Administration

Sarah Callahan
Financial Administration

Pam Knuth
Congregational Care Director / Executive Assistant



We had fun creating memories with our congregational family at the State Theatre **Encanto** matinee, Sunday, August 13.



Breaking Bread with Jesus

with Pastor Sara Nelson



Pastor Sara Nelson

Breaking bread has been a symbol of fellowship, communion, and unity for a long time. When we come together to share a meal and exchange stories, we connect on a deeper level.

As Christians, breaking bread holds a deep spiritual significance. It reminds us of the Last Supper when Jesus shared a final meal with his disciples before his crucifixion. During this meal, Jesus took bread, blessed it and broke it saying: *"This is my body, which is given for you. Do this in remembrance of me."* (Luke 22:19b)

Jesus also took the cup, shared it with his disciples and said: *"This cup is the new covenant between God and his people- an agreement confirmed with my blood, which is poured out as a sacrifice for you."* (Luke 22:20) This act of breaking bread and partaking in the cup became the foundation of the Christian sacrament of celebrating Holy Communion.

In my first appointment as a student-pastor, I served a rural, open-air country church called Brothersfield United Methodist Church which was located near Parker, SD. The church had a few folks who lived in care facilities, and I would go out and share Holy Communion with them.

On my first visit, I met Ethel. Ethel was a long-time member of the church. She and I sat down to share in a time of Holy Communion. Then, her roommate Esther came into the room. I had this sense that I needed to invite her to join us.

After we took part in Holy Communion together, Esther told me that it had been years



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since she had received it. It meant so much to her, she had tears in her eyes.

Just a short time later when I went back again to see Ethel, I learned that Esther had passed away. I was deeply grateful to God that we got to share in that moment together. I was thankful that Esther had the opportunity to gather at the Lord's Table to receive God's gift of grace on that day.

As United Methodists, we have an open table which means that everyone is welcome to partake in Holy Communion. The Lord's Table is inclusive, in which there is a place at the table for people of all ages, all abilities, and for people at different places in their faith journeys.

Join us this September as we explore stories from scripture when Jesus broke bread with others. Breaking bread with Jesus is an invitation to find nourishment for our souls. Breaking bread with Jesus is an invitation to gather with others and cultivate a deeper connection with Christ in our everyday lives. As we break bread with Jesus, we are reminded that we are not alone on our spiritual journey as Christ's presence continues to inspire us, uplift us, and give us hope.

In Ministry Together,

Pastor Sara M. Nelson

Pastor Sara

CHURCH FAMILY

BAPTISM

- Abby Sturgeon
- Millie Sturgeon (daughter of Abby & Tanner Sturgeon)

HOSPICE

- Gary Wolbrink

DEATH

- Bev Halbritter
- Robert Knochenmus (husband of Dana Knochenmus)

PRAYER CONCERNS

- Tyler & Andrea Kopp
- Alex & Noah (daughter of Cynthia (Mike) McConniel)
- Gary (family of Roberta Callaghan)
- Lora Barthelman
- Paula Hodge (requested by Marie Cissell)

ATTENDANCE

• July 16	In person.. 250	Online..... 138
• July 23	In person.. 263	Online..... 242
• July 30	In person.. 232	Online..... 280
• Aug 6	In person.. 205	Online..... 292

Give Online

- **Online** @ www.sfumc.org/give

- **Scan QR Code**

Open your cell phone camera, scan the QR code and give (pushpay)!



Give Now

Please visit our website, sfumc.org, for further details and updates. Information is correct at publication.